

Lindsey Foster

HEADTEACHER

Sheringham Nursery School and Children's Centre

Nursery School Context

Located in Manor Park, Sheringham Nursery School is an Outstanding local authority school serving a diverse community of children aged 2–4. As a systemic leader, it hosts the East London Research School and a Stronger Practice Hub, driving evidence-informed pedagogy across the borough.

The school provides 200 places and focuses on "giving every child the best start" through a broad, play-based curriculum and high-quality "ShREC" interactions. Committed to inclusion, Sheringham supports children with SEND and leads the Manor Park Family Hub, offering vital early help and partnership-led support to families in Newham borough.

What we specialise in:

Evidence-Informed Practice: Pioneers of the ShREC approach, transforming interactions through Research School expertise.

Relational Pedagogy: A nurture-first curriculum prioritizing emotional security and deep belonging.

Inclusive Practice: Expert, intentional strategies ensuring children with SEND thrive through systemic leadership.



[Sheringham Nursery and
Children's Centre](#)

Headteacher Profile

I am the Head teacher and SENDCo, based at Sheringham Nursery School and Children's Centre. I have a postgraduate diploma in co-ordinating special educational needs and National Professional Qualification for Headship.

During my years at Sheringham, I have had varied experiences and roles as a teacher, SENDCo, Forest School leader, mentor and tutor for school-based initial teacher training.

I am passionate about inclusive education and working in partnership with parents.

I have a particular interest in play-based learning and Forest School for young children.

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